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Virus kills off MPs 10th Marathon

North East Bedfordshire MP Alistair Burt will not run this weeks London Marathon, having been laid low with the novovirus last week-end. Mr Burt took the decision on medical advice, which suggests that running shortly after a virus puts extra strain on the heart and is not recommended.

Mr Burt said 'I am disappointed as the training had been going well, with a good half marathon at Silverstone and a decent Sandy 10 miles the other week. But my legs feel as if the strength has been knocked out of them, and to take part in a marathon with any sort of health risk is unfair to the promoters of the race and the medical authorities.

I very much hope to take part again next year, when I look forward to fulfilling my goal of raising £10,000 for the St John's Hospice at Moggerhanger, which I got half way towards last year. I do wish all taking part, especially local runners, all the best for this week-end.

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